

# Patient Update Coronavirus - COVID-19 Wednesday 9th June 20

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## **Vaccination Centre Update**

This has moved to the Racecourse as Sherborne House was needed for other things. The team running this ensure the same smooth operation as before and we continue to work our way through those eligible for first doses as well as the second doses due. We are now working with the revised recommendation to have second doses given as soon after 8 weeks as possible for patients in the first cohorts, 1 to 9. This timescale has been shortened because of the new strain of COVID-19 in the UK.

- 1. Residents in care homes for older adults and their carers
- 2. 80-year-olds and over and frontline health and social care workers
- 3. 75-year-olds and over
- 4. 70-year-olds and over and clinically extremely vulnerable individuals
- 5. 65-year-olds and over
- 6. 16- to 64-year-olds with serious underlying health conditions
- 7. 60-year-olds and over
- 8. 55-year-olds and over
- 9. 50-year-olds and over

We are completely dependent upon deliveries of vaccines as to when we run clinics and how many appointments we have available, so please be patient; if you are eligible for a vaccine you will be contacted by us when we have clinics available. This is usually by text initially with a link to book your own appointment, so please make sure we have the correct mobile phone number for you. If you are unable to use the link, or it doesn't get through to you then we do review our eligible patients regularly and call those who haven't booked their own appointment.

DO NOT call your GP Practice with vaccine queries, we do not have the capacity to answer these calls without it negatively affecting our healthcare service for other patients. We have to follow national guidance on who is in what cohort and when that cohort is vaccinated. Therefore, the vaccination program is out of our hands. You will be contacted when it is your time.

Please also ensure we have your up-to-date contact details to make sure we can contact you when it is your time to be vaccinated. The best way to do this is through eConsult.

## **COVID-19 Update**

This link provides local data on COVID-19 cases in the

https://www.devon.gov.uk/coronavirus-advice-in-devon/coronavirus-data/

Lockdown is still continuing to be eased but they are still restrictions in place that we all must be following.

This link provides you with the latest COVID-19 advice from the government:

https://www.gov.uk/coronavirus



NHS

COVID-19 Let's take this next step, safely.



Remember to let fresh air in to help stop the spread of COVID-19.







## COVID-19: Restrictions in England

From 17 May



You should continue to work from

### **MEETING OTHERS**



#### **OVERNIGHT** STAYS



#### **EDUCATION**



## **WORK AND**



You can meet outdoors in groups of up to 30 people. You can meet indoors in groups of up to six people or two households.

You don't have to stay 2m apart from friends and family, but consider the risks to you and those you are with.

Domestic overnight stays are allowed, in groups of up to six

people or 2 households.

Schools, colleges and universities fully open.

Regular testing provided.

**BUSINESS** 

home if you can.





#### **BARS, PUBS AND RESTAURANTS**



ACCOMMODATION



## **LEISURE AND**



Open.

**RETAIL AND** 

**PERSONAL CARE** 

Groups of up to six people or two households allowed indoors.

Groups of up to 30 allowed outdoors.

All holiday accommodation open, including hotels, hostels and B&Bs. **SPORTS FACILITIES** 

and steam rooms.



Organised sport and group exercises allowed.

#### **ENTERTAINMENT**



LARGE EVENTS



**DOMESTIC TRAVEL** 



**OVERSEAS TRAVEL** 



Open indoors and outdoors, including cinemas, bowling alleys, zoos and theme parks.

Events, including live performances, business events and sporting events can proceed with capacity limits, indoors and outdoors.

Travel safely. Plan ahead and avoid the busiest times and routes if you can.

Check whether your destination is on the red, amber or green list. You should not travel to red and amber countries. If you are travelling to a green country, check the rules in your destination as testing or quarantine requirements may be in place.

### **PLACES OF WORSHIP**



#### WEDDINGS **AND FUNERALS**



**RESIDENTIAL CARE** 



### SHIELDING



Open. You can attend in groups of 6 people or 2 households.

Weddings, receptions, life events and wakes can take place with up to 30 attendees, indoors in a COVID-Secure venue, or outdoors.

No limit on funeral attendees, subject to how many the venue can safely accommodate with social distancing.

People who live in a care home can have 'low risk' visits out of the home without the need to isolate when they get back. Residents can also name up to five visitors.

If you are clinically extremely vulnerable (CEV) you do not need to shield, but should continue to take extra precautions such as shopping at quieter times of the day. You can follow the same advice on meeting friends and family as everyone else.

For more information and detailed guidance visit: gov.uk/coronavirus

COVID-19 Let's take this next step, safely.



## **Clinical Services Update**

We are starting to book patients in for ear syringing again, although self care advice will always be required to have been followed before we can add you to the clinic list. Patients will be prioritised as we will be holding a clinic once a month for this service.

Spirometry is not currently available at Cricketfield Surgery due to the change in requirements for the testing and associated infection control measures. This is a common problem in Primary Care Settings and Devon's Clinical Commissioning Group is trying to find a solution. Spirometry is a test used to assess how well your lungs work by measuring how much air you inhale, how much you exhale and how quickly you exhale. It's used to diagnose asthma, chronic obstructive pulmonary disease (COPD) and other conditions that affect breathing but there are other tests available to our clinicians to diagnose these conditions which we are still able to utilise.

## Women's Health

We started our Women's Health Clinic on Tuesday afternoons/ evenings several months ago and it has been very successful. June 1st we held our first dedicated smear test clinic which a was a great success. Hopefully the word can spread that there is no need to Fear the Smear!









# Worried? Anxious, 2 Not sure what to expect?

If you're not sure you're comfortable with the idea of having a smear test, why not book an appointment and come and chat to us about the process.

We can show you the equipment and talk through any of your worries. Then at least you know the process for when you do feel comfortable booking for your smear test.

Just let the nurse know when booking you're not quite ready.





# What's happening at Cricketfield Surgery?

We are starting to be able to increase face to face appointments, but this still has to be carefully managed to ensure social distancing and infection control measures can be maintained. Therefore, our doors remain locked and the intercom system in place. It also means that our admin staff still cannot book a face to face appointment at your request, it has to be a GP determining if this is the most appropriate consultation. Telephone and video consultations, along with eConsults, can still be very effective ways to get the healthcare advice and treatment you need.

Patients may now come to the surgery to collect items, with queries or to make appointments but this will be via the intercom system so we would ask that this be avoided where possible. It may cause a delay in patients being able to get into the surgery for their appointments or you might end up having to wait in poor weather conditions. We are only able to allow patients with appointments into the building.

For safety and efficiency reasons we have had to get the eConsult service turned off from Friday evening each weekend. It reopens at 6:30pm on Sunday evening.

We are still experiencing staff absence across all teams but with some improvement and we are in the process of recruiting new staff.

We now have over 10400 patients to care for. We have produced some statistics from the first quarter of this year to illustrate what we do for our patients, and we will continue to do this every quarter.

Over the next few months Cricketfield Surgery will be having some rooms redecorated and a move around of the administration and management teams.

We are really starting to feel a positive shift in Primary Care and are excited about the months ahead.



## **Work We Have Been Doing for our Patients**

